**Student Spotlight: CJ Lake**

**Preston Times Q&A**

CJ Lake may be from small town, Saluda, South Carolina, but she’s got a big personality. It’s rare to see her without a smile and a friendly hello around the building, a trait that will work to her advantage in the future. With a Public Relations and Political Science double major, she won’t find herself in short supply of people to bring that southern flair to.

**Preston Times: Why USC?**

**CJ:** I chose USC because it offered me the unique option of majoring in Public Relations - a major that has [even since I began at Carolina] gained traction nationally. Also influencing my decision to be a gamecock was the fact that USC located in Columbia - a REALLY big city compared to where I was raised. The idea of living in the Capital City for four years really excited me and hasn’t let me down.

**PT:** What are your career goals?

**CJ:** I always tell people that my ultimate goal is to become the White House Press Secretary. It started out as a joke and, to some extent, may still be somewhat of a joke. I love political communication. I will probably work in political management for some time after I graduate. I also frequently entertain the idea of working in corporate public relations. Wherever my professional life is headed, my goal is to never have to endure the same day twice.

**PT:** What area are you involved in at USC?

**CJ:** I’m honored to serve as a University Ambassador where I give tours to prospective students and their parents. I’m also currently serving as the Freshman Council Advisor in Student Government. I love attending Preston programming when I can, as well. Shout out to Haley Rabic for an AWESOME date auction!

**PT:** What do you love most about Preston?

**CJ:** Easy. The diversity. Having been raised in a really small, rural town, I was largely boxed in with regard to knowing anyone who was terribly different from me. I lead Preston, just one residence hall on campus. I can walk down my hall and meet people from all over the nation and even different parts of the world. It’s a really awesome experience living with folks that have such diverse interests.

**PT:** Can you share a unique experience with us?

**CJ:** My freshman year, me and a group of my friends decided to participate in Cook’s Guest which was a scavenger hunt put on by Carolina After Dark. I share this story because that is easy one of the most memorable nights of my college experience to date. I spent hours running around campus with my friends taking hilarious pictures and participating in questionable shenanigans. I have never laughed so hard in my life as I did that night. If Cook’s Guest ever makes a return, I recommend that you check it out.

**PT:** Student Government Campaigning and Elections are underway. Can you tell us about your involvement with Student Government?

**CJ:** My involvement in Student Government began my freshman year when I was selected as a member of Freshman Council. I continued leadership in SG my sophomore year when I served as the Executive Press Secretary to then Student Body President Joe Wright and I currently serve as the Freshman Council Advisor - an experience that is more rewarding than any experience I’ve had so far at Carolina. I love Student Government because many of my friends are there. It’s also incredible watching my peers lead and realizing that these are the people that will be in positions of leadership throughout the rest of our lives in some way, shape or form.

Way to go, Preston! The crowd for USC’s Athletic Director, Ray Tanner, was HUGE! Many thanks to everyone who came to hear the two-time College World Series winning coach share wisdom from his path to success and his view of leadership.

**Unforgettable**

**Leadership and Struggle in the South Carolina Civil Rights Movement**

**Tuesday, February 19 at 7 PM in Sumwalt 305**

Famed photographer, Cecil Williams, offers a visual presentation of images from his latest publication, Unforgettable: All the Memories We Left Behind, which is an extraordinary collection of images and stories celebrating 50 years of South Carolina African American history, heritage, and culture. Mr. Williams will also speak about the leadership of the South Carolina Civil Rights Movement.

Join the conversation on Tuesday, February 19 at 7 PM in Sumwalt 305.
Preston Dining!

Monday
Wing Bar
Buffalo Wings
Honey Mustard Wings
Barbeque Wings
Honey Glazed Carrots
Broccoli with Cheese Sauce
Sesame Tofu Stir Fry

Tuesday
Burger Bar
Hot Dogs
Chicken Tenders
French Fries
Steamed Cut Corn
Baked Beans
Garden or Black Bean Burgers

Wednesday
Asian Bar
Teriyaki Chicken
Polynesian Roasted Vegetables
Confetti Rice
Fried Zucchini Sticks
Steamed Snow Peas
Vegetable Fried Rice

Thursday
BBQ
Marinated Flank Steak
BBQ Pork Loin
Sante Fe Rice
Mesquite Roasted Potatoes
Confetti Corn
Roasted Pepper
and Gouda Quesadilla

Hot Off the Grill!

Grilled Cheese Sandwich
Grilled Hamburgers
Lemon Pepper Honey Glazed Salmon
Hibachi Chicken & Vegetables

Candace Phillips 2/19
William Petty 2/22
Johnathan Kim 2/23

Sunday 2/17
- Cecil Williams Event
- 7pm
- Office of Professional Advising
- 9pm
- Cereal Killers: 10:06pm

Monday 2/18
- Preston’s Leadership Dialogue
- 7pm

Tuesday 2/19
- USC PD Property Registration
- 4:45pm

Wednesday 2/20

Thursday 2/21

Friday 2/22

Saturday 2/23

2/24
- Preston Sports Day
- 1pm

2/25
- Preston’s Leadership Dialogue
- 7pm

2/26
- Women’s Self-Defense
- 7pm
- Y-IMPACT Interest Meeting
- 9pm

2/27

2/28

3/1

3/2
Thanks to everyone who participated in Speed Dating with Associates on Monday, February 11. Preston Associate, Lynn Shirley, said “It’s refreshing when you find a group of Prestonites who are willing to let their guard down and talk about non-academic facets of their life at Carolina. It was really refreshing to talk with students like Hannah, Joe and Brittany at the Speed Dating event.”

Darya Kaborda said, “I really enjoyed speed dating this time and was glad I got to meet the people I met. I felt like speaking with the associates really enhanced my knowledge and engaged me in thinking about things I don't normally encounter in my studies and day to day life. It gave me a nice, new flavor of conversation and it was quite enjoyable!”

Director of Undergraduate Research Julie Morris shared, “Speed dating night is always great fun. I have conversations with so many different people on a wide range of topics from sports (fascinating since I am so clueless) to dessert (which should be a part of EVERY meal) to movies (the good, the bad, and the “don’t go!”) to research (of course :)). Good times!”

**Student Government Elections**
Take the time to VOTE on VIP on Tuesday, February 19 and Wednesday, February 20!
Information about the Student Government candidates can be found at http://www.sa.sc.edu/sg/election-information/

**Carolina Beautiful Week presents Beautiful Lengths**
Sunday, February 24 at 6 PM in the Russell House Ballroom

Keep those locks long! Grow you hair for Beautiful Lengths and make a difference!
Carolina Beautiful Week offers five days of events, services and speakers that promote positive body image during National Eating Disorders Awareness Week. Beautiful Lengths participants must have eight inches of hair to donate. Male and female students, faculty and staff of all ages and ethnicities and their friends and families are all invited. All hair types, colors and textures are needed! Seats are limited, and reservations are required. Contact Amy Yanicak at BeautifulLengthsUSC@gmail.com to save your seat today.
Carolina After Dark’s Annual Bowling Night
Gather up your friends and hitch a ride to AMF Parklanes in Cayce for a free round of bowling and pizza! The first round of bowling will begin at 10 PM, and the second round will begin at 12:00 AM. There will be a free shuttle on Greene Street at the Russell House to transport students to the bowling alley starting at 9:30 PM for the first round. Transportation from the Russell House to the bowling alley for the second round will start at 11:30 PM. Remember to bring your Carolina Card!
If you have any questions, please contact Eric at boucharm@mailbox.sc.edu.

The Carolina Leadership Initiative
Now soliciting applications for its 2013–2014 Leadership Scholars Program.
Applications for the 2013–2014 Leadership Scholars Program are due March 1, 2013.

2nd ANNUAL PRESIDENT’S LEADERSHIP DIALOGUE
February 25, 2013 – 7:00–9:00 P.M.
Drayton Hall Theatre

Deogratias Niyizonkiza, internationally known for work in global health and human rights, is this year’s speaker for the President’s Leadership Dialogue. His story is told in Tracy Kidder’s best seller, Strength in What Remains. Deo was a medical student in Burundi during the Hutu-Tutsi Genocide. He was the only survivor in the hospital where he worked, and he managed to escape Burundi, arriving in America with $200. Through a series of extraordinary events Deo soon enrolled at Columbia University and then attended medical school in the U.S. He has established a health clinic in Burundi that has so far served over 55,000 people, regardless of their ethnicity or ability to pay. Deo’s story is a powerful account of immigration, reconciliation through education, and the compassion of everyday people. The campus and community are invited to attend.
Safe Zone Ally Trainings

Interested in being a Safe Zone Ally? All Spring semester training have been scheduled for March 22nd, and April 19th at 1 PM in the Russell House.

Please register online at http://www.sa.sc.edu/omsa/become-a-safe-zone-allyrequest-a-presentation/

The Carolina Emerging Scholars Second Annual Literature & Culture Conference
May 18, 2013 at the University of South Carolina, Lancaster

Celebrating the world’s greatest love stories has long been the subject of authors, painters, musicians, dancers, moviemakers, and critics. The Carolina Emerging Scholars Conference is pleased to accept papers on the theme of “Deathless Love,” ranging from the story of Heloise and Abelard to Wuthering Heights and the Twilight series, and dealing with any genre from poetry to the movies. We would be particularly interested in interdisciplinary papers making connections between two or more genres. For instance, literary or historical love affairs immortalized in visual art or music, the historical and literary intersections of Spiritualism, or cross-cultural notions of love beyond death. Abstracts of no more than 250 words are due by March 1, 2013 to cescon@mailbox.sc.edu. Abstracts must include name, title of paper, institution, and contact information.

For more info visit http://usclancaster.sc.edu/cesc/

LGBT Peer Advocate Applications

The Peer Advocate Program serves to educate students, faculty and staff on terminology, myths, the effects of homophobia and common experiences of the LGBTQ community through dialogues and presentations.

If you or anyone you know interested in this position, please encourage them to apply at https://sawebdev.wufoo.com/forms/lgbt-peer-advocates-application

Applications are due February 20 by 5 PM. If you have any questions about the position, please contact Gavin Weiser at weiser@mailbox.sc.edu or Kelsey Jarrett at jarrettk@mailbox.sc.edu.
Thanks to everyone who participated in Date Auction! Thanks to your generosity, Preston raised over $550 for Epworth Children’s Home.

An Evening with Jenni Schaefer, author of Life Without ED and Goodbye ED, Hello Me Tuesday, February 26 at 8 PM in the Russell House Ballroom

Jenni Schaefer often says, “I have never been married, but I am happily divorced.” In her talk, Life Without Ed, Jenni reveals that she is “divorced” from her eating disorder. Discussing her personal recovery journey, Jenni’s presentation addresses making peace with food, learning how to love your body, and overcoming perfectionism. She also discusses Societal ED and the mixed messages we all hear about food and our bodies. Jenni encourages listeners to not let an eating disorder or any other illness define their lives. She says, “Discover your true passions, follow your dreams, and never give up.”

Social Justice Month – Call for Programs!

This March, the Office of Multicultural Student Affairs is very excited to host University of South Carolina’s Social Justice Month. Throughout this month, a variety of events across campus will be hosted to support the learning and development of social justice in our community. The Office of Multicultural Student Affairs will be creating a calendar listing events taking place across campus. Please consider organizing and submitting a program for this wonderful event: https://sawebdev.wufoo.com/forms/social-justice-month-programming/

If you have any questions, please contact Gavin Weiser at weiser@mailbox.sc.edu and we hope you join us this March for many wonderful events!
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<tr>
<th>Date</th>
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<td>3</td>
<td>Redefined Lecture Series: Music&lt;br&gt;Russell House 205 4:30 p.m.</td>
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<td>4</td>
<td>AAAS Meeting&lt;br&gt;Russell House Theater 6 p.m.</td>
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<td>5</td>
<td>Carolina After Dark Movie Series: Ray&lt;br&gt;Russell House Theater 9 p.m.</td>
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<td>6</td>
<td>Hip Hop Wednesday&lt;br&gt;Greene Street 11 a.m.</td>
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<td>7</td>
<td>Happy Valentine’s Day</td>
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<td>8</td>
<td>Gospel Extravaganza&lt;br&gt;Russell House Ballroom 6 p.m.</td>
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<td>9</td>
<td>All-Star Jam&lt;br&gt;Russell House Ballroom 8 p.m.</td>
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<td>10</td>
<td>Redefined Lecture Series: Politics&lt;br&gt;Russell House 205 4:30 p.m.</td>
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<td>11</td>
<td>AAAS Meeting&lt;br&gt;Russell House Theater 6 p.m.</td>
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<td>12</td>
<td>Carolina After Dark Movie Series: Higher Learning&lt;br&gt;Russell House Theater 9 p.m.</td>
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<td>13</td>
<td>Diversity Dialogue Circles: People affected by HIV&lt;br&gt;Honors Residence Hall B110 7 p.m.</td>
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<td>14</td>
<td>Legends of Jazz Concert featuring Gladys Knight&lt;br&gt;Koger Center 8 p.m.</td>
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<td>15</td>
<td>Black History Redefined Spotlight: Athletics&lt;br&gt;McGuire Club Colonial Life Arena 1:30 p.m.</td>
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<td>16</td>
<td>Black History Redefined Lecture Series: Nutrition&lt;br&gt;Russell House 205 3 p.m.</td>
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<td>17</td>
<td>AAAS Meeting&lt;br&gt;Russell House Theater 6 p.m.</td>
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<td>18</td>
<td>Famed Photographer: Cecil Williams&lt;br&gt;Maxcy Classroom 7 p.m.</td>
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<td>19</td>
<td>Carolina After Dark Movie Series: All&lt;br&gt;Russell House Theater 9 p.m.</td>
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<td>Young and Gettin’ it: Minorities and Graduate School&lt;br&gt;Russell House Theater 6 p.m.</td>
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<td>Diversity Dialogue Circles: People affected by HIV&lt;br&gt;Honors Residence Hall B110 7 p.m.</td>
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<td>22</td>
<td>Legends of Jazz Concert featuring Gladys Knight&lt;br&gt;Koger Center 8 p.m.</td>
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<td>23</td>
<td>Black History Redefined Lecture Series: Mental Health Awareness&lt;br&gt;Russell House 205 4:30 p.m. President’s Leadership Dialogue Drayton Hall 7 p.m.</td>
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<td>24</td>
<td>AAAS Meeting&lt;br&gt;Russell House Theater 6 p.m.</td>
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<td>25</td>
<td>Carolina After Dark Movie Series: The Great Debaters&lt;br&gt;Russell House Theater 9 p.m.</td>
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<td>26</td>
<td>Celebration of Excellence&lt;br&gt;Russell House Ballroom 7 p.m.</td>
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For more information, please visit: [www.sa.sc.edu/omsa](http://www.sa.sc.edu/omsa)
Culinary Connections:
The African American Hand in the Cooking Pots of the American South

Talk with
Jessica B. Harris

Hosted by:
African American Studies Program (AFAM)
Office of Multicultural Affairs

“Redefined Lecture Series”
Monday, February 18, 2013
3:00 PM
Russell House Room 205
(Located on 1400 Greene Street, Columbia SC 29208)

Admission is FREE and open to the public

Jessica B. Harris is the author of twelve critically acclaimed books documenting the foods and foodways of the African Diaspora. Her latest book is a narrative history of African Americans and food entitled High on the Hog: A Culinary Journey from Africa to America. A culinary historian, she has lectured on African-American foodways at the Museum of Natural History in New York City, The California Academy of Sciences in San Francisco, The Smithsonian Institution in Washington DC, as well as other institutions and colleges throughout the United States and abroad. Harris holds a Ph.D. from NYU and currently teaches English at Queens College.