Student Spotlight:

Trevor Parmelee

Trevor Parmelee is the new chair of FEDEX here at Preston. The Friday Evening Dining Experience “allows the residents to see more of Columbia through dining.” Each month features a different dining experience from various countries and cultures. He plans to venture away from the norm in future FEDEX trips and push everyone out of their comfort zones in a good and delicious way.

Trevor is an elementary education major with hopes of teaching for a few years before pursuing his graduate degree in educational policy. With his graduate degree, he would like to change educational policy for the better to positively effect students. This San Clemente, California native is not only the chair of FEDEX, he is also a Preston Ambassador and has recently been accepted as a transfer into the Honors College. While Trevor plans to get involved in the Honors College, he says he loves the Preston community and the fact that nobody places judgment. He also believes, “there are lots of opportunities in Preston you don’t have in other residence halls.”

When asked to share an interesting story, Trevor shared he once saw Donald Glover (an actor and rapper famous for roles in 30 Rock and Community) at the Dallas Fort Worth Airport. Coincidentally, Trevor was listening to Glover’s music on his iPod at the same time! To this day, he said he regrets not speaking to him.

MLK Days of Service

Registration is open! Celebrate Dr. Martin Luther King Jr.'s life and legacy through service to our community. Make a positive impact in the greater Columbia area by joining hundreds of fellow students, faculty, and staff in keeping Dr. King's dream alive. Registration for USC's three days of service (Jan. 21, 25 and 26, 2013) are now open! Find more information at http://www.sa.sc.edu/communityservice/mlk/.
Preston Dining!

Monday
Pasta Bar
Baked Ziti Casserole
Spaghetti with Meatballs
Pepperoni Pizza
Cheese Pizza
Alfredo Sauce

Tuesday
Taco/Burrito Bar
Taco Meat
Taco Chicken
Cilantro Infused Rice
Herb Seasoned Black Beans
Vegetarian Enchiladas
Chips and Salsa
Sour Cream/Shredded Lettuce

Wednesday
Southern Cuisine
BBQ Beef Brisket
Vegetable Quiche
Garlic Mashed Potatoes
Brown Gravy
Green Beans
Honey Glazed Carrots

Thursday
International theme
Algerian Beef
Baked Pasta Torte with Fontina and Broccoli
Sweet Potato Hashbrowns with Bacon and Onions
Steamed Spinach with Limes and Chilies

Hot Off the Grill!

Grilled Italian
Chicken Breast

Grilled Cheese
Quesadilla

Grilled Ham and
Cheese Sandwich

Lemon Pepper Honey
Glazed Salmon

happy birthday

Brianna Sarcione 1/22  Zachary Tate 1/24
Christopher Carragher 1/26  Trevor Parmelee 1/28
Matthew Pritchard 1/28  Brannen Spell 1/28

Sunday 1/20
Monday 1/21
Tuesday 1/22
Acoustic Café
8pm
RH Bookstore Café
Taboo Night
Battle of the Sexes
7:30 in the JCR

Wednesday 1/23

Thursday 1/24

Friday 1/25

Saturday 1/26
Ski/Snowboarding Trip
6am–Midnight
Sugar Mountain, NC

1/27
1/28
1/29
Poetry Night
8pm
RH Bookstore Café

1/30
1/31
2/1
2/2
I heart, female orgasm
8pm
RH Ballroom
Board Game Night
8pm in the JCR
Register for the 27th Annual Student Leadership & Diversity Conference
Preston is sponsoring a few registrations, so let us know ASAP if you want to attend. The Student Leadership and Diversity Conference (SLDC) is an annual conference held Saturday, February 2, 2013 from 9:30 AM – 4:30 PM. This year’s theme is Linking Leaders Launching Legacies! SLDC trains and educates student leaders in essential leadership skills, developing their leadership identity, working and leading in a diverse society, and initiatives and methods to create sustainable positive change.
Registration for USC-Columbia students is $20 per student and covers a continental breakfast, lunch, conference t-shirt, and all other necessary materials for the day.
Registration is available at: www.sa.sc.edu/sldc

Apply for LEAP Spring 2013!
LEAP will be held Thursdays starting on January 31st from 5:00–6:30 PM in Russell House Room 203.
The Leaders Engaging Across Perspectives (LEAP) program is an eight week leadership certificate program where students engage in dialogue on leadership through a global national, statewide, and local lens. Students will learn more about their personal leadership style, make connections between their academic disciplines and co-curricular experiences, and reflect on how these experiences influence their leadership.
Applications are available now and will be accepted on a rolling basis until January 27th.
For more information, contact Leadership Programs at 803-777-7130 or email saleader@mailbox.sc.edu.

TrackThat
Don't forget to update that TrackThat Profile!

Run For Student Government!
Filing for candidacy will take place in the Campus Life Center (across from Einstein bagels) on January 22nd and 23rd from 9am–4pm.

Delta Delta Delta is hiring student workers for dishwashing shifts throughout the week. The shift is Sunday through Thursday 3:30 to 7:30 PM in the TriDelta house with a pay rate of $8.00 per hour and a meal is included.
If you are interested, please contact Erin Wilson ASAP at wilsonen@mailbox.sc.edu, or come by the Delta Delta Delta house in the Greek Village between 9 AM and 5 PM (please ask for Erin or Jon Bankert).
National Student Exchange – Study
“Abroad” in our country and territories!
The National Student Exchange (NSE) is offering several information sessions this month.
The priority application deadline to study away with NSE in the fall of 2013 or spring 2014 is JANUARY 31, 2013. This is a great opportunity for students to experience a different culture!
NSE allows USC students to study at one of nearly 200 universities across the US, US territories, and Canada. Information sessions will be held on six different days in the next few weeks.
To view the times of the sessions, visit www.sc.edu/nse.
For more information about NSE, contact Kasha Klinegors (nse@sc.edu or 803-777-6731).

The Outstanding Advocate for First-Year Students Award
The Outstanding Advocate for First-Year Students Award recognizes individuals who have made significant and extraordinary contributions to the academic or professional development and/or personal lives of first-year students at the University of South Carolina – Columbia. Faculty, staff, and students may be nominated for the award.
Please visit the U101 website for more information and to nominate an advocate:
http://sc.edu/univ101/awards/index.html

Apply or Nominate for Outstanding Woman of the Year!
To be eligible for this prestigious award, the applicant must be an undergraduate student with 60 credit hours or more. She must have attended USC for at least one semester and have a cumulative GPA of 3.0 or better.
Students are asked to fill out the online application, including a resume and a short essay that will be reviewed by a committee.
Emerging finalists will then take part in an interview process the first week in March.
The application deadline for students is February 6.

More information and application are available at: http://www.sa.sc.edu/wss/rsvp/
To nominate women for this award, please submit their name and email address at: https://sawebdev.wufoo.com/forms/q7w5w7/. Nominations are due January 23, 2013.
Nominees will receive a formal email letting them know that you nominated them followed by information on how to apply for this award.

Alternative Break Trips
Alternative Break trips are held in the fall, winter, and spring and relate to issues such as hunger and homelessness, disaster relief, youth development, environmental awareness and many more issues.
The team of students and staff volunteer with agencies to meet community need and leave those communities making a positive difference.
To find out more information visit:
http://www.sa.sc.edu/communityservice/alternative-break-trips/
Peace First is excited to launch a new national campaign to celebrate young people leading change to create peaceful schools and communities. Five amazing young people between the ages of 8 and 22 will each receive a $50,000 two-year Fellowship to recognize their peacemaking work and invest in their leadership. This is a great opportunity for you to nominate a young person you know and spread the news throughout your networks. Winners will be chosen on these key criteria: compassion, courage, and the ability to engage others in creating positive change. Applications are now open and will be accepted through April 12. Please get involved! We need your support to tell uplifting and inspiring stories about young people creating change. Go to www.peacefirst.org/prize to share the Prize with a young person you know or nominate them today!

All users of the Strom Thurmond Wellness and Fitness Center will need to re-enroll their hand measurements into the system using their VIP ID number. Hand scanning on the new system is available during regular operating hours (http://campusrec.sc.edu) in the rotunda of the Strom Thurmond Wellness and Fitness Center. Users should present their CarolinaCard to re-enroll/scan their hand. Students, faculty and staff can also get their hand scanned at the CarolinaCard Office. This conversion is free for students, faculty and staff. Users, however, must be current students enrolled in good standing and paying fees to the University of South Carolina Columbia campus or faculty or staff with paid membership fees to the Strom Thurmond Wellness and Fitness Center. Access to the Blatt PE Center will continue to utilize ID cards.

**Homecoming Executive Commission Applications**

Applications can be found on the Homecoming website at homecoming.sc.edu. Applications are due Friday, January 25 at 4:00pm to the Campus Life Center, RH227

**Smell the Roses: Civil Rights In the 21st Century**

Thursday, January 24th, 2013 - From 7pm until 8:30pm - Capstone Carolina Room

“Smell the Roses: Civil Rights In the 21st Century” is a Diversity Dialogue that will allow us to evaluate our past in civil rights and look ahead to the future. It’s a celebration of where we’ve been and where we’re going. We’ll evaluate civil rights for African Americans, Women, Middle Eastern, Hispanic, and the LGBT communities. Join us for this powerful experience in honor of Martin Luther King Jr. and sponsored by Community Service Programs, EMPOWER, RHA, and Capstone Conversations.

**Dr. Bobby Donaldson, Faculty Principal**
Sarah Morgan, Assistant Principal
Martha Jenkins, Business Manager
Courtney Tipton, Graduate Assistant
Ryan Lloyd, Residence Hall Director

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