The Prestononian

Tip of the week
Set S.M.A.R.T. goals
- Specific
- Measurable
- Attainable
- Realistic
- Tangible

This issue
- Events and activities
- This week in P-Dining
- The Magellan scholars program

Events and Activities:
Preston and beyond!

See page 2 for more information about selected events

Monday
February 7
4:00 PM Turning an Idea into a Research Project Russell House, 303
Interested in becoming a Magellan scholar, or pursuing a research project in ANY DISCIPLINE?

Tuesday
February 8
7:30 PM Celebrating African American History Month, RuHo Theater. Perspectives on the Civil Rights Movement and Integration at USC, Reflections by legendary coach and administrator Harold White, the first African American to join the USC Athletic Department
8:00 PM Exploring Environmental Issues, Green Quad Learning Center SAGE (Students Advocating a Greener Environment) USC’s best organization for students of all majors to explore environmental issues

Wednesday
February 9
7:30 PM Innovative Works Without Boundaries Drayton Hall Theatre
The USC Dance Company premieres three brand new contemporary works by Helen Pickett & our own award-winning choreographers, Thaddeus Davis and Tanya Wideman-Davis, plus, David Parsons.

Thursday
February 10
3:30 PM Researching Irish History & Culture Nursing Building 125.
“Troubled Bachelors: Queer Histories of Irish Culture in the Archives.” A lecture by Professor Ed Madden, poet, professor, political activist
9:00 PM Preston’s 4th Annual Date Auction
Come and bid on your favorite Prestonites and raise money for Epworth Children’s Home. We look forward to seeing you there!

Friday
February 11
4:00 PM Talking About Sex Preston JCR
Join Preston residents and Dr. Kendra Cusaac for an informative and exciting conversation about the psychology of human sexual behavior

Saturday
February 12
8:00 PM Vagina Monologues Law School Auditorium, tickets are $8
The show is a series of monologues through the eyes of women who have undergone funny, tragic, & enlightening experiences

Sunday
February 13
4 PM P-Fitness Preston JCR
Join your fellow Prestonites for a different workout every week
The Magellan Scholar program was created to enrich the academic experience of USC's undergraduates through research opportunities in all disciplines from science, technology, and medicine, to theatre, music, and art. By providing access to faculty mentoring relationships and a professional research experience, this program enables students to creatively explore their interests at a more in-depth level than can be attained in the classroom. The Magellan Scholar program provides opportunities for undergraduates to build a competitive edge in the job market. Meet the Scholars and find more information at the Magellan website: [http://sc.edu/our/magellan.shtml](http://sc.edu/our/magellan.shtml)

The Office of Undergraduate Research can also help students:

- **Search Faculty Research Database** - Resource for identifying potential faculty research mentors and interesting projects
- **Help Get You Started?** - Complete this information form and the OUR will contact you to set up an individualized meeting
- **Graduate with Distinction** - An optional program of study that gets listed on your transcript. You will actively engage in research, scholarship, and/or performance activities with a faculty mentor in your chosen major.
- **Search for Summer Research Opportunities** - Most are paid positions at other universities or national organizations – opportunities available in most every discipline

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**This week's Preston Dining Dinner Menu:**

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td><strong>Soup</strong></td>
<td><strong>Tomato Tortilla Soup</strong></td>
<td><strong>Old Fashioned Chicken Noodle</strong></td>
<td><strong>Mushroom Barley Soup</strong></td>
<td><strong>American Bounty Vegetable Soup</strong></td>
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<td><strong>Carving Station</strong></td>
<td><strong>Traditional Rotisserie Chicken</strong></td>
<td><strong>Oven Roasted Top Round Beef</strong></td>
<td><strong>Lemon Pepper Rotisserie Chicken</strong></td>
<td><strong>Oven Roasted Top Round Beef</strong></td>
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<td><strong>Entrée</strong></td>
<td><strong>Braised Beef Siciliano</strong></td>
<td><strong>Milanese Pork Chop</strong></td>
<td><strong>Spinach Blanco Lasagna</strong></td>
<td><strong>Broccoli &amp; Cheese Chicken Alfredo</strong></td>
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<td><strong>Entrée</strong></td>
<td><strong>Tropical Vegetable Stir Fry w/ Rice</strong></td>
<td><strong>Spinach and Jack Cheese Quesadilla</strong></td>
<td><strong>Stuffed Pollock</strong></td>
<td><strong>Cheese Tortellini</strong></td>
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<td><strong>Vegetable</strong></td>
<td><strong>Confetti Rice</strong></td>
<td><strong>Broccoli Cuts</strong></td>
<td><strong>Whole Green Beans Amandine</strong></td>
<td><strong>Asian Vegetable Blend # 10</strong></td>
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<tr>
<td><strong>Vegetable</strong></td>
<td><strong>Balsamic Roasted Vegetables</strong></td>
<td><strong>Fresh Carrots w/ Fresh Ginger</strong></td>
<td><strong>Oven Roast Garlic Red Potatoes</strong></td>
<td><strong>Baked Yellow Squash &amp; Cheese</strong></td>
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<tr>
<td><strong>Vegetable</strong></td>
<td><strong>Fresh Sugar Snap Peas</strong></td>
<td><strong>Tomato Rice Pilau</strong></td>
<td><strong>Zucchini Saute</strong></td>
<td><strong>Oven Roasted Potato Wedges</strong></td>
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Chile Con Carne and Mixed Green salads are served daily.

From: [http://www.sc.edu/dining/locations.html](http://www.sc.edu/dining/locations.html)

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The Office of Undergraduate Research:

**Magellan scholar**

*Discovery for every discipline*

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Would you like to meet the Director of Undergrad. Research?

You are invited to join Director Jennifer Engel & Dr. Bobby Donaldson at Preston Dining, Tuesday February 8th at 5:45 PM for dinner and a dynamic discussion on how to get involved in research and the Magellan Scholars program here at USC.